



## Buddy Builders Newsletter **October 2025**

### Welcome to Buddy Builders!



### All About Leaves

This month, we'll explore the concepts of smooth, crunchy, soft, and colorful leaves!

Collect a few different leaves on a walk or in your yard. Invite your child to compare colors, sizes, and shapes.

Let your child crinkle and tear dried leaves, noticing the sound and feel.

These little moments of play help build curiosity, language, and motor skills, while celebrating the fall season!

Click this [link for the October Flyer](#) for a Leaf Scavenger Hunt—a fun outside activity for all ages!

### Song of the Month!

*Autumn leaves are changing colors,  
changing colors, changing colors,*

*Autumn leaves are changing colors all over  
town.*

*Autumn leaves are falling down, falling  
down, falling down,*

*Autumn leaves are falling down, down to  
the ground.*

*Take a rake and rake them up, rake them  
up, rake them up*

*Take a rake and rake them up, off the  
ground. Sung to the nursery rhyme, London  
Bridge is Falling Down.*

### Upcoming Dates

Out + About to [Nature Playscape](#)  
from 9:30 to 11 am - **10/21/25**

Buddy Builders Week 1 - **11/4/25**

Buddy Builders Week 2 - **11/11/25**

### Questions?

Email Maggie at [maggiev@dgckids.org](mailto:maggiev@dgckids.org)  
or call 314-448-2866.



## Resource! Compensatory Skills for Children with Visual Impairments

Children with visual impairments may learn and complete tasks differently than their sighted peers. These alternative strategies are called compensatory skills. They help children build independence, confidence, and understanding of the world around them.

Examples of compensatory skills:

1. Listening for sounds (like the refrigerator motor) to know where they are.
2. Always placing a cup in the same spot so it's easy to find.
3. Using large print or Braille to read.

## Five Key Areas of Compensatory Skills



### #1 Concept Development

Use toys like shape sorters, puzzles, or Duplos to learn about objects and how they work.

### #2 Spatial Understanding

Teach positions and directions: next to, behind, in front of, by your foot.

### #3 Organization Skills

Encourage your child to get items and put them back, helping them learn that everything has a place.

### #4 Communication Skills

Build language through songs, stories, and touch-and-feel books.

### #5 Adaptations

Use tools or modifications your child needs (like Braille, large print, or tactile materials).

Practicing these skills in daily routines helps your child explore, learn, and grow with confidence.

Adapted from **Teaching Life Differently: The Expanded Core Curriculum for Babies and Young Children with Visual Impairment** by Judith Greeley and Melinda McCall (2018).

You can find all the newsletters and resources for Buddy Builders by clicking [HERE!](https://www.dgckids.org)