

Apple Cider Jello Dig

Sensory Play!

Try this apple cider jello dig activity at home to encourage sensory exploration and to continue the conversation about apples!

Recipe

You'll need:

- 2 Envelopes of Knox Unflavored Gelatin
- ½ cup of cold Apple Cider
- 1 ½ cups of Apple Cider, heated to a boil

Directions:

Sprinkle gelatin over cold cider in a large bowl and let stand for 1 minute. Add hot juice and stir until gelatin completely dissolves, about 5 minutes.

Place plastic toys like rings, blocks, ducks, or anything your child enjoys that can be cleaned off in a shallow rectangular dish. Pour cider mixture over toys and put in the refrigerator until set, about 3 hours.

Once set, place a towel on the floor and let your child dig, explore, and taste the jello!

