Leaf Scavenger Hunt

Sensory Play!

This simple fall activity helps your child explore textures, practice listening skills, and build awareness of their surroundings—all while having fun!

Indoor Play

- · Collect leaves outside.
- Place leaves on a cookie sheet or light box.
- Hide some of your child's favorite toys under the leaves.
- As they discover toys, describe them out loud:
 "You found the cat! It has long whiskers and pointy ears."
 "That's the ball! It is round and you can roll it."
- Use directional words to guide your child:
 "I see something by your right foot" (tap their foot).
 "Look behind you" (tap behind them to bring awareness).

Outdoor Play

- Fill a small kiddie pool, water table, or just a pile in the yard with leaves.
- Hide toys inside the pile and encourage your child to search.
- Use the same strategies as indoors, describing what they find and giving gentle directions.

For a challenge, you can encourage your child to find something with a specific quality. Can you find something that is bumpy, soft, round, smooth, hard, etc.?

