



## Tandem Captain

(Group Recreation and Developmental Support)

### What We're Looking For

We're seeking skilled cyclists who are passionate about sharing their love of biking with children.

While experience working with children or individuals with disabilities is a plus, it's not required, what matters most is a positive attitude and a willingness to learn. Tandem Adventurers meets every other week from April through September, with rides held on either Thursday evenings or Saturday mornings. Each ride lasts about two hours and covers 15 to 20 miles.

Training on how to ride a tandem bike will be provided by DGCKids to ensure all volunteers feel confident and prepared. Safety is our top priority; we will never put a volunteer or child in a situation without proper training. There are also opportunities for solo riders to join the team.

### Requirements

All volunteers must complete a background check and review DGCKids volunteer training.

Consistency is particularly important for children with visual impairments, and we encourage volunteers to commit to attending regularly to help build meaningful connections with children.

### What You Will Be Doing

Ride in the front seat of a tandem bicycle, safely guiding a child or teen.

Communicate clearly and confidently with your rider before, during, and after each ride.

Participate in group training rides and outdoor cycling events throughout the season (April–October).

Encourage, motivate, and create a fun, inclusive experience for your rider.

Ensure the safety and comfort of your rider by following all safety guidelines and signaling clearly.

Assist with bike setup, fitting helmets, and basic pre-ride checks as needed.

Serve as a positive role model and representative of DGCKids during events and rides.

Work closely with staff, fellow captains, and families to support each rider's individual needs and goals.

### Impact

Being part of Tandem Adventurers is an incredibly rewarding experience. As captains and solo riders, you'll help introduce youth with visual impairments to the joy, freedom, and camaraderie of cycling.

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[www.dgckids.org](http://www.dgckids.org)